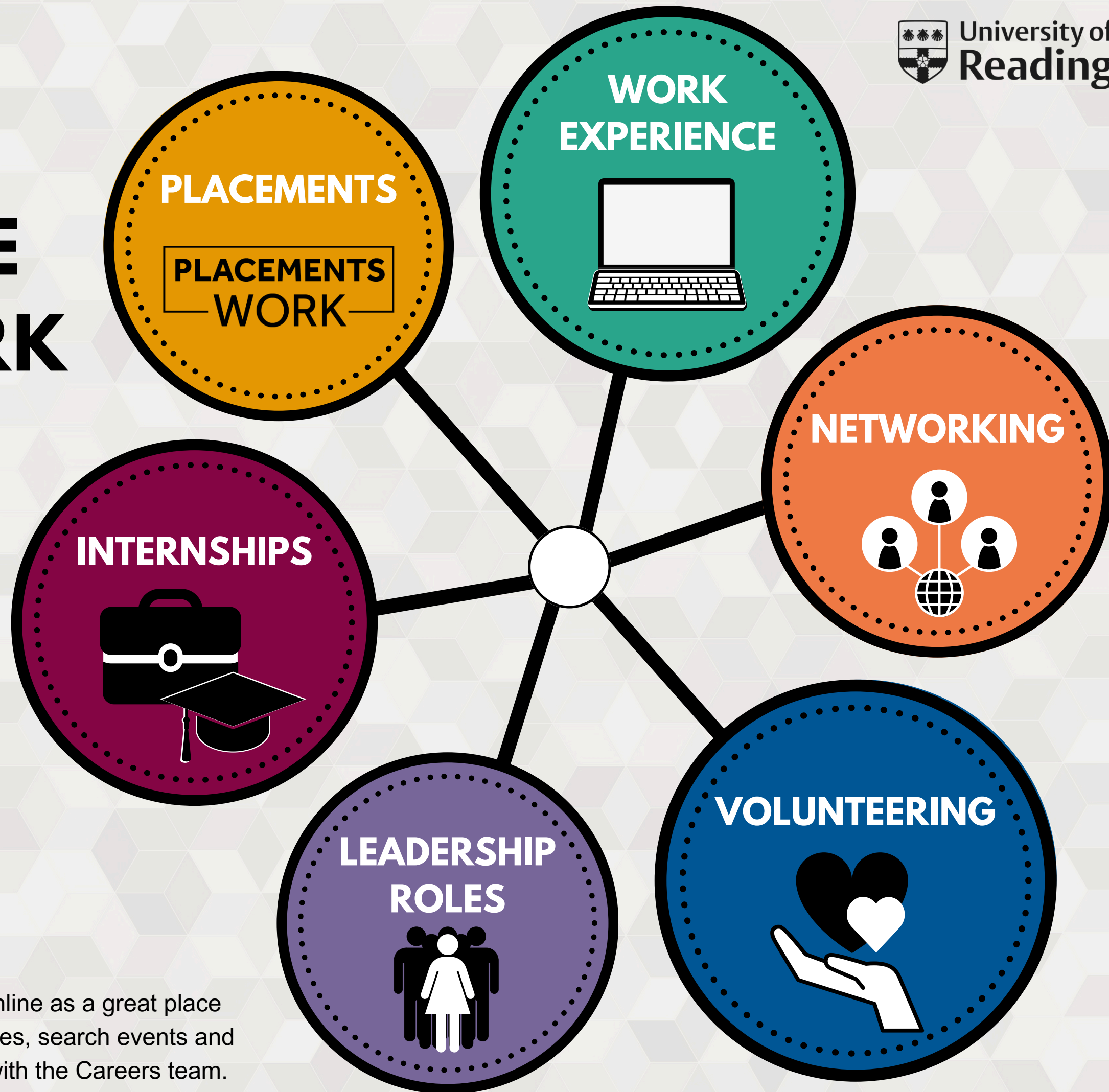# CAREERS

WORK EXPERIENCE FRAMEWORK

Build your own portfolio of work experience alongside your degree.

Click on the coloured circles to explore the possibilities

UNIVERSITY OF Reading

PLACEMENTS

PLACEMENTS WORK

WORK EXPERIENCE

INTERNSHIPS

NETWORKING

LEADERSHIP ROLES

VOLUNTEERING

MYJOBS ONLINE

Check out MyJobsOnline as a great place to browse opportunities, search events and book appointments with the Careers team.

University of Reading

CURRICULAR PLACEMENTS

All undergraduate and some postgrad programmes have an optional placement module available unless you are undertaking a professionally accredited degree where you'll be required to undertake professional training throughout your studies. Placement options can vary in length and can take place during semesters or during summer vacations.

Please see RISIS and speak to your school regarding placement modules.

BENEFITS:

- transferable skills
- possibility of job offer before finishing placement
- put academic learning into context
- gain hands-on experience working on real projects in a professional environment.

Click on the circles to find out more

A valuable and sometimes essential part of your degree, work **placements** provide an opportunity for you to apply your transferable skills and contextualise your academic knowledge in a real work setting while gaining an insight into the way organisations operate and the challenges they face.

PROFESSIONAL PLACEMENT YEAR

A Professional Placement Year is available on many of our Undergraduate degree programmes or there may be the flexibility to convert to one if your programme allows. Some placements will be paid, others may be voluntary. There is support and training available to students to help you secure your placement.

BENEFITS:

- transferable skills
- put academic learning into context
- gain hands-on experience working on real projects in a professional environment
- possibility of job offer before finishing placement.

❷

YOU MAY BE INTERESTED IN: INTERNSHIPS

Visit the Internships page for more information

KEY

Local	🏠	First Years	❶
National	📍	Middle Years	❷
International	🌐	Finalists	❸
Online option	📶	Post-Grads	PG
Date dependant	📅		

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INTERNSHIPS

INTERNSHIPS

Aim to complete an internship during your studies. They do not need to be related to your discipline - use internships to explore sectors and organisations that might be of interest to you in the future.
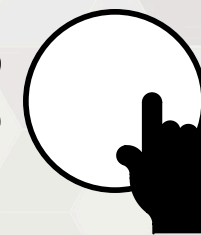
Many employers offer paid internship opportunities. Living cost bursary support may be provided for extracurricular, unpaid internships.

BENEFITS:

- transferable skills
- experience working on real projects in a professional setting
- demonstrates proactivity/dedication.

① ② ③ PG

Click on the circles to find out more

BRIGHT NETWORKS

Take part in 3-day virtual internship experiences where you can choose from 8 key sectors and connect with world leading employers.

BENEFITS:

- enhance CV
- gain experience and develop skills.

① ② ③ PG

YOU MAY BE INTERESTED IN: PLACEMENTS

Visit the Placements page for more information

READING INTERNSHIP SCHEME

Paid, professional work experience and the chance to develop your transferable skills. Part time internships during semesters and full-time during vacations. This is extracurricular and cannot be counted towards your degree modules.

BENEFITS:

- paid
- transferable skills
- experience working on real projects in a professional setting.

① ② ③

KEY

Local	🏠	First Years	①
National	📍	Middle Years	②
International	🌍	Finalists	③
Online option	📶	Post-Grads	PG
Date dependant	📅		

An **internship** will give you valuable work experience that employers look for when they're hiring graduates. It shows proactivity and dedication to bettering your career prospects, but also will provide you with valuable on-the-job experience.

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WORK EXPERIENCE

University of Reading

GOINGLOBAL

GoinGlobal is an amazing resource for anyone looking to travel for work or study. GoinGlobal will be useful for UK students looking to find work or study abroad, or international students seeking work or study in their home country or elsewhere in the world.
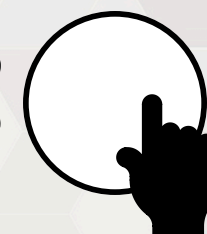
BENEFITS:

- transferable skills
- develop or build on language skills
- experience different cultures
- the experience can be both life enriching and career enhancing.

① ② ③ PG

Click on the circles to find out more

CAMPUS JOBS

The University's one-stop shop for all part time and temporary work at the University both on campus and online.

BENEFITS:

- paid
- gain experience that fits around your studies.

① ② ③ PG

FORAGE

An online resource which offers virtual experience programmes designed by leading companies. Gain a real understanding of different roles and sectors by working through self-paced modules, with tasks similar to those undertaken during a traditional internship.

BENEFITS:

- develop skills
- understanding of roles and sectors.

① ② ③ PG

RED AWARDS

The Reading Experience and Development (RED) Awards are the official Skills Awards at the University of Reading. Each involves 40 activity hours, to help you have a well-rounded time at university and enhance your experience.

BENEFITS:

- develop your skills
- stand out from the crowd.

① ② ③ PG

KEY

Local	🏠	First Years	①
National	🗺	Middle Years	②
International	🌐	Finalists	③
Online option	📶	Post-Grads	PG
Date dependant	📅		

As well as your degree, **work experience** and development opportunities really help give Reading students an advantage in the world of work. There are a range of initiatives available to help you get that edge!

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NETWORKING

University of **Reading**

INSIGHT DAYS/ SESSIONS

Insight days allow you to gain insights into how a firm works. Meet and chat to everyone from trainees through to partners, as well as the graduate recruitment team. Throughout the year, external organisations host a range of events that are brilliant opportunities to develop your career, skills and employability.

BENEFITS:

- gain valuable insights with a small investment of time
- build professional networks.

❶ ❷ ❸ PG

Click on the circles to find out more

Networking is the exchange of information and ideas among people with a common profession or special interest, usually in an informal social setting. Networking can widen your circle of professional acquaintances, highlight job opportunities and keep you abreast of news and trends in your chosen field.

THRIVE MENTORING

Connect with a professional mentor and talk through your career plans and aspirations, as well as getting practical help with CVs and interview prep! Thrive is a career mentoring scheme for those of you who are in the penultimate-study-year of your undergraduate degree or select post-grad departments.

BENEFITS:

- a year of collaboration with a professional
- test your aspirations and talk through ideas
- honest insights from professionals who have been in your position
- build networks
- boost career knowledge.

❷ PG

YOU MAY BE INTERESTED IN: REPRESENTATION

Visit the Leadership Roles page for more information

KEY

Local	🏠	First Years	❶
National	📍	Middle Years	❷
International	🌐	Finalists	❸
Online option	📶	Post-Grads	PG
Date dependant	📅		

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LEADERSHIP ROLES

REPRESENTATION e.g. COURSE REPS/SABS

University of Reading

Nominate yourself for: Full-time Officers, PG & UG Student Voice Members, PG Senior Reps and Course Reps, UG Senior Reps and Course Reps, Part-time Officers, Student Trustees and Sports and Society Committees. Some roles are paid, and some are voluntary.

BENEFITS:

- develop real-life transferable skills
- presentation skills and self-confidence
- time-management
- network and build relationships.

Click on the circles to find out more

According to recent research, 62% of employers say that they look for graduates with practical management and leadership skills. Undertaking a **Leadership role** during your time at Reading provides you with a chance to develop your leadership style in advance of graduating.

PAL LEADER

PAL Leaders facilitate the learning of students and help guide them through the module by heading activities and group discussions in weekly sessions.
PAL Leaders do not teach, lecture or give out the answers. They help students feel comfortable sharing and learning from each other. Full training is provided.

BENEFITS:

- develop real-life transferable skills
- presentation skills and self-confidence
- facilitation, coaching and time-management skills
- demonstrates altruism
- it counts towards the Red Award.

YOU MAY BE INTERESTED IN: STAR MENTORING

Visit the Volunteering page for more information

KEY
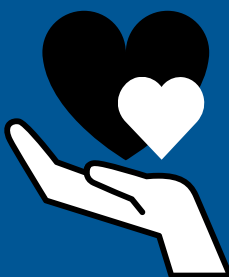
Local	🏠	First Years	❶
National	📍	Middle Years	❷
International	🌐	Finalists	❸
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Date dependant	📅		

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VOLUNTEERING

RED AWARDS

The RED Awards can support you in finding volunteering opportunities. From one-off volunteering days to longer-term, there are a range of opportunities available throughout the year.

BENEFITS:

- gain experience
- try something new
- stand out from the crowd.

1 **2** **3** **PG**

YOU MAY BE INTERESTED IN: PAL LEADER

Visit the Leadership Roles page for more information

Click on the circles to find out more

RSU VOLUNTEERING

RSU have a range of volunteering opportunities from student-led projects, external charity projects and challenges.

BENEFITS:

- transferable skills
- often flexible
- demonstrates commitment and altruism.

1 **2** **3** **PG**

EXTERNAL VOLUNTEERING

There are a huge range of volunteering opportunities outside of the University to investigate. Alongside finding your own, we update our page regularly with available opportunities.

BENEFITS:

- transferable skills
- often flexible
- demonstrates commitment and altruism.

1 **2** **3** **PG**

STAR MENTORING

STaR Mentors are current students that are committed to helping others and genuinely want to make a difference to a new student's start at the University of Reading. Open to UG, IFP and PG International students.

BENEFITS:

- gain volunteer experience
- opportunity to help others
- transferable skills
- hours count towards the RED Award.

2 **3** **PG**

KEY

Local	🏠	First Years	**1**
National	📍	Middle Years	**2**
International	🌐	Finalists	**3**
Online option	📶	Post-Grads	**PG**
Date dependant	📅		

There is often a great deal more to volunteering than you might think. **Volunteering** can be defined as working for the benefit of others and developing personal skills, without monetary gain.

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